

Questions Regarding the Course of Illness and Healing

1. What do you think caused your problem? Is there anyone or anything to blame?
2. When did it start? Why do you think it started when it did?
3. What do you think your sickness does? (What are the chief problems your sickness has caused for you?)
4. How severe is this? Do you think your condition can be cured, or improved? Do you think it will last a long time, or will it be better soon in your opinion?
5. What do you fear most about your situation?
6. What are your resources (within yourself and also outside of yourself) for helping you to heal this condition?
7. What kind of treatment would you like to have?
8. What are the most important results you hope to get from treatment?
9. Should we expect complications?
10. What has been your extended family's experience with illness?
11. Has anyone in your family faced an illness similar to the one you have now? If so, what was its course and what helped most?
12. What is your and your family's past history of recuperation?
13. What might make healing a struggle for you now?
14. What is your goal for healing?
15. Do you have a clear purpose for your life?
16. What do you think your sickness does for you? (How might it help you? What have you learned from it?)

Please list all healthcare providers you have consulted and their diagnoses and treatments. Why do you think these approaches have failed with your case? What did they miss?