

**MAF:** It will be useful to understand how symptoms cluster in these categories.

**CATEGORY:** (symptoms are indicative of)

- I: Colon challenges:
- II: Intestinal integrity support
- III: Chemical Tolerance Support
- IV: Stomach - Hypochlorhydria = Hypoacidity
- V: Stomach - Hyperacidity
- VI: Small Intestine//Pancreatic (digestive enzymes)
- VII: Gallstone/Biliary Stasis
- VIII: Hepatic Detox Support
- IX: Hypoglycemia Blood Sugar Balance
- X: Insulin Resistance Blood Sugar Balance
- XI: Adrenal Hypofunction
- XII: Adrenal Hyperfunction
- XIII: Electrolyte and pH Balance support
- XIV: Thyroid Hypofunction
- XV: Thyroid Hyperfunction
- XVI: Pituitary Hypofunction
- XVII: Pituitary Hyperfunction

**Men Only:**

- XVIII: Prostate Support
- XIX: Andropause Support (Elevated Estrogen)

**Women Only:**

- XX: Menstruating Women Only
- XXI: Menopausal Women

**NTAF:** symptoms cluster in these sections.

**SECTION:** (symptoms are indicative of)

**A: General Brain Function**

**B: Stress**

**C1: Reactive Hypoglycemia** (duplicates Category VI of MAF)

**C2: Insulin Receptor Site Insensitivity / Insulin Resistance**

(duplicates Category VII of MAF)

**Neurotransmitter sections**

**1: Serotonin** (mood, carb cravings in afternoon)

**2: Dopamine** (focus - over-focus/ compulsive, lack of focus)

**3: GABA** (calming)

**4: Acetylcholine** (short to long term memory, spatial memory, sleep rhythms)