

MRT Results for S. PATIENT, page 2 of 2

Physician: **WELLNESS, MARK MD**
 Patient: **SAMPLE PATIENT**
 Identifier: **S7000**
 Profile: **MRT Test ML150**
 Test Date: **04/20/2001**
 Technician: **IG**



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 U.S. Patents: 6,114,174 6,200,815

Meats & Poultry		Reaction Level	
EGG	-----	█	
LAMB	-----	██	
BEEF	-----	███	
TURKEY	-----	████	
CHICKEN	-----	█████	
PORK	-----	██████	
Miscellaneous		Reaction Level	
COLA	-----	█	
TAPIOCA	-----	██	
COFFEE	-----	███	
YEAST MIX	-----	████	
HOPS	-----	██████████	
TEA	-----	██████████	

Beans/Nuts/Legumes		Reaction Level	
LENTIL	-----	█	
ALMOND	-----	██	
SUNFLOWER SEED	-----	███	
HAZELNUT	-----	████	
PECAN	-----	█████	
GREEN PEA	-----	██████	
SOYBEAN	-----	███████	
PISTACHIO	-----	███████	
WALNUT	-----	███████	
GARBANZO BEAN	-----	███████	
CASHEW	-----	███████	
PINTO BEAN	-----	███████	
LIMA BEAN	-----	███████	
PEANUT	-----	███████	

Degrees of reactivity may not in all cases correlate with presence or level of clinical sensitivity to the food. Strongly positive results have been found to correlate with food reactivity. It is appropriate to eliminate foods with Reactive Scores. Moderately reactive scores should be evaluated by the physician or dietitian based upon patient history and frequency of consumption. After an appropriate period of elimination, reintroduce them one at the time under physician and/or dietitian supervision. If negative foods have been consumed regularly before drawing the blood for the test, there is high probability that they are 'safe' and are not likely to provoke symptoms. If test positive foods are eliminated from the diet, these non-reactive foods reasonably could remain in the permitted diet during the elimination phase. The clinician or dietitian should remain alert to the possibility that any of these foods might provoke symptoms.